



**HEAD AND NECK PAIN RELIEF SPECIALIST**  
 Headache | Migraine | Whiplash | Stress | Anxiety  
 8100 NE Parkway Drive, Suite 25, Vancouver WA 98662  
 Office: 360.524.3874 / Fax: 360.208.9475 / Relax@AvaniMassagePNW.com

**PRESCRIPTION / LETTER OF REFERRAL**

**"THE FOLLOWING PRESCRIBED TREATMENT IS MEDICALLY NECESSARY"**

DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

PATIENT \_\_\_\_\_

PHYSICIAN \_\_\_\_\_ ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ FAX: \_\_\_\_\_

**REFERRED TO: Jessica S. King, LMT Phone: (360) 524-3874 Fax: (360) 208-9475**

Any of the following Physicians' *Current Procedural Terminology, CPT™* procedures and / or modalities, which are within this therapists' scope of practice training, & / or State & / or Patient's Insurance Policy regulations, may be used as therapist deems necessary during any treatment session. Normally four procedure units & 2 max modalities allowed per visit. A Unit = 15 - minutes. Conditions or prescription may require more units.

**PROCEDURES and MODALITIES**

**CONDITION RELATED TO:**

- 97010 HOT/COLD PACKS (as necessary)
- 97124 MASSAGE THERAPY
- 97026 INFRARED

- \_\_\_ AUTO ACCIDENT
- \_\_\_ WORK INJURY
- \_\_\_ SPORTS INJURY
- \_\_\_ OTHER: \_\_\_\_\_

**PHYSICIAN'S ICD- 10 DIAGNOSIS OF PATIENT (LIST ALL THAT APPLY):**

- |  |  |
|--|--|
| ___ MIGRAINES  | ___ LUMBAR Sprain / Strain                             |
| ___ HEADACHES  | ___ PELVIS (unspecified site) Sprain / Strain          |
| ___ CERVICAL, Inc. Whiplash Injury Sprain / Strain       | ___ HIP & THIGH (unspecified site)                     |
| ___ JAW (TMJ & Ligament) Sprain /Strain R ___ L ___      | ___ SACROILIAC REGION (unspecified site) Spr/Str       |
| ___ CERVICALGIA (pain in neck)                           | ___ SACRUM Sprain / Strain                             |
| ___ INFRASPINATUS Sprain / Strain R ___ L ___            | ___ LUMBOSACRAL RADICULITIS R ___ L ___                |
| ___ SUBSCAPULARIS Sprain /Strain (muscle) R ___ L ___    | ___ SCIATICA (neuralgia, neuritis) R ___ L ___         |
| ___ SUPRASPINATUS Sprain/ Strain (muscle) R ___ L ___    | ___ KNEE OR LEG Sprain/Strain R ___ L ___              |
| ___ SHOULDER & ARM (unspecified site) R ___ L ___        | ___ ANKLE (unspecified site) Sprain/Strain R ___ L ___ |
| ___ ELBOW & FOREARM (unspecified site) R ___ L ___       | ___ FOOT (unspecified site) Sprain/Strain R ___ L ___  |
| ___ WRIST Sprain / Strain (unspecified site) R ___ L ___ | ___ MYOFIBROSIS; muscles, ligament, fascia             |
| ___ CARPAL TUNNEL SYNDROME R ___ L ___                   | ___ SPASM OF MUSCLE _____                              |
| ___ HAND Sprain / Strain (unspecified site) R ___ L ___  | ___ MYALGIA & MYOSITIS (Fibromyositis)                 |
| ___ PAIN IN THORACIC SPINE                               | ___ Unspecified Disorder of Muscle, Ligament, Fascia   |
| ___ THORACIC (DORSAL) Sprain / Strain                    | ___ _____  |
|  | ___ _____  |

Patient to return or call, prior to renewal of prescription

**Plan of Care:**  
 3x Week for 2 Weeks / 2x Week for 2 Weeks / 1x Week for 2 Weeks OR Total Visits This Script 12 OR As directed in comments.

**COMMENTS:**

\_\_\_\_\_  
 \_\_\_\_\_

**PHYSICIAN'S SIGNATURE:** \_\_\_\_\_ **NPI #:** \_\_\_\_\_